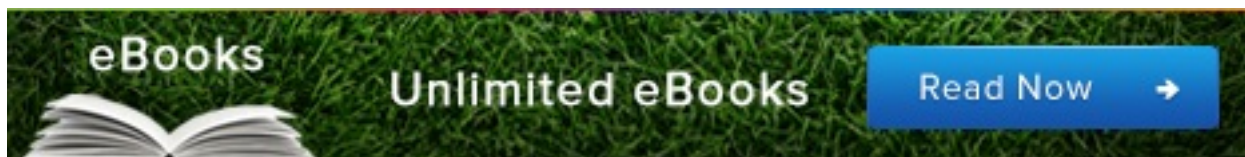


Leer libros electronicos wagamama Feed Your Soul: 100 Japanese-inspired Bowls of Goodness

By Steven Mangleshot



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Books Descriptions

wagamama restaurants are a global brand with restaurants worldwide in the UK, USA, Austria, Belgium, Bulgaria, Denmark, France, Italy, Netherlands, Norway, Slovakia, Spain and Sweden as well as UAE and New Zealand. Feed your Soul includes more than 70 tempting recipes inspired by restaurant favourites. The dishes have been designed for every occasion, from rapid weekday meals, to slow-cooked ramens and the art of making gyoza. Sections include The Basics, Lighter Meals, Nourish your Soul and Small Plates. Recipes range from basic sauces and accompaniments such as soy sauce, sriracha, wasabi, pickled ginger and Japanese curry paste to delicious salads such as harusame, packed with protein and crunch, or the everpopular yaki soba and bang bang cauliflower. With original food photography by Howard Shooter and evocative shots of Japanese food emporia and lifestyle shots of noodles, ramen and ingredients, with all new vegan and healthy recipe that reflect current trends for plant-based

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